

Club 55 Senior Center

By Carol Burrows Club 55 Senior Center Correspondent

The Club 55 Senior Center Apple Fest is planned for Wednesday, September 28. This is also our Annual Meeting and a chance to meet the Advisory Board. One of our Board members terms has expired, and she will be leaving. Peggy Draeger was our Charter Vice President when Club 55 started in 2016. Her work as a Dane County Case Manager for the Colonial Club Senior Activity Center in Sun Prairie prevents her from attending our meetings. Thank you, Peggy, for your help and dedication to get a senior center in Lake Mills off the ground.

We are hoping for good weather so we can again hold our Apple Fest outside behind the Rock Lake Activity Center, 229 Fremont Street. Our dessert picnic will feature pie, ice cream, apple cider, and other desserts. Come to gather with friends, meet the Board, tour the building, and sign up for a door prize. Club 55 Senior Center is a great place to gather with friends, enjoy a game of cards or crafts, Pickleball, use the exercise equipment, play bingo, and many other activities. Come and find out what it is all about.

Club 55 Senior Center was reviewed in June for Accreditation for the Wisconsin Association of Senior Centers (WASC). We were reviewed in 9 areas of management to ensure the program is operating at the highest of standards. Our review involved Recreation Department Staff, Club 55's Board and volunteers. This is a critical step in building ties to the community and education stakeholders about our local senior center. We were successful in all areas and are hoping our Accreditation Documents will arrive so we will be able to share our award on the 28th. Come celebrate with us!

- Bingo will be in Commons Park this Wednesday, August 17, 1-2:30
- Pick up your Bia meal in the park
- Kayaking will meet at Bartels Beach at 9:00 this Friday, August 19
- Free exercise with Diane at 10am Tuesday and Thursday
- Make a personalized greeting card with Pat, Thursdays at 10:45
- Pickleball at 10am in the RLAC gym on Monday

- Cardio Drumming at 10am in the RLAC gym on Wednesday

Come in and sign up or call 920-728-2176 for Joan Johnson's Mystery Antiques presentation to be given on Thursday, August 25. Participation is limited to 15.

You can check out all the happenings on our website at:

<https://www.lakemills.k12.wi.us/recreation/calendar-of-events-club55.cfm>

Brook Gardens Place, 300 O'Neil Street is having a Summer Concert on Thursday, September 8, from 5-7pm. The Keith Gennerman Polka Band will provide the music and a picnic-style supper will be served along with refreshing beverages and dessert. It is great fun for the whole family. RSVP to Phyllis by September 1, at 920-648-5760.

The menu for the Bia meal next week, Wednesday, August 24, is Chicken Casserole with veggies, cottage cheese, dessert. Your reservation must be made by Friday, August 19. Meals are \$12 and you may pay by cash or checks made out to Crawfish Junction. Meals are delivered to the Rock Lake Activity Center (RLAC) at 2:30 on Wednesday, August 24, for pick up. You may also place your order online at: <https://www.lakemills.k12.wi.us/recreation/bia-meal-program.cfm>

Come down to Commons Park for the Farmers Market on Wednesday, September 7, and plan to enjoy a Sloppy Joe sandwich at the shelter. Club 55 will be hosting the meal in the shelter from 3-6 as a fundraiser with all proceeds going to our senior center. There will also be a bake sale so get your recipe books out and bake up your favorite cookies, cake, pie, bars, or bread to donate. We would also appreciate getting cookies or bars in baggies with 2 or 3 so folks can grab a dessert to have in the park with their meal. We are looking for volunteers to help with preparation, set up, workers in the shelter serving, taking money, clean up, and baking. We will also be offering our Club 55 shirts for sale...just \$15. Stop in or call 920-728-2176 to sign up to help.

Club 55's Senior Center mission is to serve the community as a gathering place for adults to provide engaging activities and programs that support healthy living and independence.

